

HIGH SIERRA

Wilderness and Travel Medicine Conference

April 18, 19, 20, 2018 - The Pines Resort at Bass Lake, CA

MM1C17025

Join the University of California San Francisco - Fresno Department of Emergency Medicine at Bass Lake, California - gateway to Yosemite National Park - for the High Sierra Wilderness and Travel Medicine Conference. The conference is designed to meet the needs of those who may encounter life-threatening situations with limited resources. This includes not only emergency physicians, nurses and PAs, but also internists, family practitioners, backcountry rangers, EMS providers, members of the search and rescue community, and outdoor enthusiasts. Through both lecture and hands-on skills workshops, we will explore topics including survival and field treatment of environmental illness, rescue techniques, wound care, and fracture management. This course is proudly presented by the University of California San Francisco-Fresno Wilderness Medicine Program.

Course Objectives

Upon completion of the High Sierra Wilderness Medicine Conference, attendees should be able to:

-Apply evidence-based management of medical problems that are unique to the wilderness setting, including environmental exposure, and wound care.

-Utilize necessary skills for remote medical care such as patient assessment and trauma care, including needle decompression and management of wounds and orthopedic injuries.

-Apply basic principles of survival and rescue, from trip planning to behaviors that are likely to result in a successful rescue.

Accreditation

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UCSF designates this live activity for a maximum of 15 *AMA PRA Category 1 Credits™* will be available. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

15 hours of California EMS continuing education credits are also available. CME credit will be available.

The UCSF High Sierra Wilderness & Travel Medicine Conference is a "green" meeting. Syllabus will be emailed to all participants 1 week prior to the conference.

Course Faculty

Danielle Campagne, MD
Associate Professor of Clinical Emergency Medicine; Vice Chief of Emergency Medicine, UCSF School of Medicine

Michael Dick, MD
Professor, Department of Emergency Medicine, Ohio State University

Greg Richardson, MD
Clinical Instructor of Emergency Medicine, Presence Resurrection Medical Center, Chicago, IL

Lori Weichenthal, MD
Professor of Clinical Emergency Medicine; Assistant Dean GME, UCSF School of Medicine

Michelle Storkan, MD
Clinical Instructor of Emergency Medicine, UCSF School of Medicine

Geoff Stroh, MD
Clinical Professor of Emergency Medicine, UCSF School of Medicine

Susanne Spano, MD
Associate Professor of Clinical Emergency Medicine; Wilderness Medicine Fellowship, UCSF School of Medicine

Janak Acharya, MD
Assistant Clinical Professor of Emergency Medicine, UCSF School of Medicine

James McCue, MD
Resident PG3, Emergency Medicine, UCSF School of Medicine

Roger Mortimer MD
Clinical Professor of Family and Community Medicine, UCSF School of Medicine

Andrea Long, MD
Assistant Clinical Professor of Surgery, UCSF School of Medicine

Mike Darracq, MD
Associate Professor of Clinical Emergency Medicine, UCSF School of Medicine

Steve Stoltz, MD
Chief, Division of Hospital Medicine, UCSF School of Medicine

Fernando Macias, MD
Assistant Clinical Professor of Emergency Medicine, UCSF School of Medicine

UCSF Fresno Department
of Emergency Medicine

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2018 HIGH SIERRA Wilderness and Travel Medicine Conference



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Course Chair

Danielle Campagne, MD, FACEP

Associate Professor of Clinical Emergency Medicine

UCSF School of Medicine

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Registration Information

Register Online at: [cme.ucsf.edu](http://www.ucsf.edu)

<http://www.ucsf.edu/cme/2018/MMC18025/info.html>

Register by Phone: (415) 476-5808 or Fax to: (415) 502-1795

Mail to: UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368

Course information:
Mary Swenson at (559) 499-6443
155 North Fresno Street, Fresno CA 93701
email: mwsenson@fresno.ucsf.edu

Dr. Mr. Mrs. Ms.

Last Name First M.I.

Degree Specialty

Address

City State Zip

Daytime Phone Fax

Email

Would you like to be on our priority email list? Yes No

Date of birth to be used as OCME registrant number ____/____/XX

Please indicate if you have any special needs

Early Registration Fees before 2-26-2018 (Receipt & Confirmation will be mailed within 2-4 weeks):

- \$400 for Physicians
- \$225 for Residents / Med Students
- \$225 for Paramedics / EMTs / EMS (contact Mary Swenson to register at (559) 499-6443)
- \$325 for RN / Nurse Practitioner / PA
- \$225 for Non Professional (no CME)

Regular Registration Fees after 2-26-2018 (Receipt & Confirmation will be mailed within 2-4 weeks):

- \$425 for Physicians
- \$250 for Residents / Med Students
- \$250 for Paramedics / EMTs / EMS (contact Mary Swenson to register at (559) 499-6443)
- \$350 for RN / Nurse Practitioner / PA
- \$250 for Non Professional (no CME)

Make checks payable to **UC Regents**

Please charge my credit card: Visa Mastercard AmEx for \$ _____

Card # _____ / _____
Expiration Date: Month / Year

Name on Card (Please Print) _____ Authorized Signature _____

www.cme.ucsf.edu

Course Registration Form

Wednesday April 18, 2018

7:00 - 8:00 Registration and Breakfast
8:00 - 8:30 Initial Patient Assessment – Lori Weichenthal, MD
8:30 - 9:30 Travel Medicine - What You Need to Know – Steve Stoltz, MD
9:30 - 10:15 Trauma and Burn Management in the Wilderness – Andrea Long, MD
10:15 - 10:45 Bleeding Control – Geoff Stroh, MD
10:45 - 11:00 Break
11:00 - 1:15 Hands on Skills Stations: Survival Skills
• Wound Care/Bleeding Control
• Cricothyrotomy
• Needle Thorocostomy
• Improvised Laceration Repair Techniques
• Chest Trauma /Chest Seal
• Impaled Objects
• Basic Airway Maneuvers (peds and adult)
1:15 Lunch and afternoon on your own



Thursday April 19, 2018

7:00 - 8:00 Registration and Breakfast
8:00 - 8:45 Submersion Injury – Greg Richardson, MD
8:45 - 9:30 Bites and Stings/Anaphylaxis - Mike Darracq, MD
9:30 - 10:30 Mammalian Bites – Janak Acharya, MD
10:30 - 10:45 Break
10:45 - 11:15 Dental Emergencies – Mike Darracq, MD
11:15 - 1:15 Hands on Skills Stations:
• Dislocations and Reductions: Shoulder, Patella, Digit and Hip
• Splinting: C-Spine, Upper Extremity, Lower and Hare Traction
1:15 Lunch and afternoon on your own



Friday April 20, 2018

7:00 - 8:00 Registration and Breakfast
8:00 - 8:45 Water purification: Techniques to Keep You Safe! – Michael Dick, MD
8:45 - 9:30 Airplane Emergencies – Susanne Spano, MD
9:30 - 10:15 Search and Rescue: High Yield Stories from the Field – Roger Mortimer, MD
10:15 - 10:30 Break
10:30 - 11:00 Thermoregulation: Heat and Cold Emergencies – Susanne Spano, MD
11:00 - 11:20 Techniques from the Field on How to Get Rescued! – CHP Air Operations Team
11:20 - 12:15 Avalanche – Michael Dick, MD
12:15 - 1:15 Hands on Skills Stations: Putting Your New WM Skills to Work! Case Scenarios with Moulage Patients to Utilize your New Skills
1:15 Lunch and afternoon on your own



Fun Activities Nearby

17 miles from the southern gate of Yosemite National Park



Rock Climbing • Mountain Biking • Fly Fishing
Hiking and Running Trails • Horseback Riding
Yosemite Mountain Sugar Pine Railroad

www.nps.gov/yose • www.yosemitebicycle.com
www.ymspr.com • www.yosemitetrails.com
www.sierraflyfisher.com • www.travelyosemite.com
www.yosemite.com • www.basslake.com

Lodging

The Pines Resort 54432 Road 432 Bass Lake, CA 93604

This unique mountain resort – conveniently located just 17 miles from the Southern gate of Yosemite National Park and just 56 miles north from Fresno – offers lakefront lodging and dining with spectacular views of Bass Lake and year round recreational activities. If you plan to stay at The Pines Resort we have negotiated a special rate of **\$119 per night** for a two-queen chalet or a **\$109 per night** for a single king room.

Chalet includes: 700 square-foot, two-story cabin with full kitchen, living area with queen bed sofa sleeper, some with wood burning fireplace (limited availability), private patio with small BBQ, downstairs bedroom with two queen beds and private bath. Includes evaporative cooler/heater, hair dryer and full size iron/board. Maximum occupancy is 6 guests. Non-smoking only.

For a Hotel Reservation call the front desk at 559-642-3121 and request to book under the group name: **UCSF Fresno EM** with the arrival date of **4-17-18**. Please specify you will be booking the two-queen Chalet.



Refund Policy: Cancellations received in writing before 2/26/18, will be refunded, less a \$50 administrative fee. No refunds will be made on cancellations received after that date.